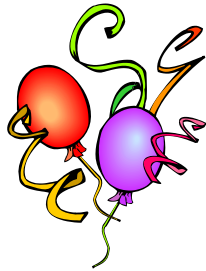


BOOK YOUR PARTY TODAY Ω 503.466.4872

BASIC PARTY INCLUDES:

- Party guests from age 4 and up.
- 50-60 minutes of gym time created especially for your birthday child and their guests. All parties include a fun and exciting class on gymnastics events including the trampoline and 40 foot Tumble Trak. Parties conclude with fun filled games and open play in the gym reserved for you and your party.
- 30-40 minutes in Party Room. Party host will take care of all your party needs from setup to tear down ensuring an enjoyable party for you, your child and your guests.
- One host per 10 guests
- OMEGA T-shirt for the party child!
- Every party guest will receive a Family Open Gym pass and a free class trial for OMEGA Gymnastics. Coupons are valued at \$25.
- Electronic invitations to print at your convenience.
- Amenities include: refrigerator with freezer, cake knife, lighter, birthday candles, white paper table cloths, large table for 20 children and two additional tables to accommodate up to 30 guests.



	Member	Non-Member
1-10 guests	\$135	\$145
11-20 guests	\$165	\$180
21-30 guests	\$195	\$215

PREMIUM PARTY

Includes Basic Package **PLUS:**

- Printed, full-color invitations
- Party hats and decorations
- Party plates, napkins, and table covers
- Party favor bags for guests
- One of the following:
 - Ω Pizza and drinks OR
 - Ω Cupcakes, ice cream cups, and drinks

	Member	Non-Member
1-10 guests	\$185	\$195
11-20 guests	\$225	\$240
21-30 guests	\$295	\$315

NEW! FLIPS & TRICK PARTY

“Tricking” is the informal name of an underground alternative sport movement, combining martial arts, gymnastics, and other activities to create an “aesthetic blend of flips, kicks, and twists”. This party includes 40 minutes of instructor led flipping and tricking followed by 20-30 minutes for your guests to practice what they have learned. The remaining 20-30 minutes is reserved for lobby time with pizza and drinks.

- For guests age 8 and up
- Pizza and drinks
- Two hosts per 10 guests

	Member	Non-Member
1-10 guests	\$195	\$220
Each additional guests	\$18 each	

BIRTHDAY PARTY ADD-ONS

The following prices per 10 guests.

- 2 pizzas (1 topping).....\$36
- Cupcakes\$12
- Ice Cream Cups.....\$6
- Drinks\$6
- Full-color Invitations\$3.50
- Party Favor Bags\$18
- Party plates, napkins, hats, decorations, and table covers\$15

PARTY TIMES

Saturday

3:15 pm and 5:15 pm

Sunday

11:00 am, 1:00 pm, 3:15 pm, and 5:15 pm

Schedule your party up to three months in advance! Parties must be reserved at least one week prior to desired date. You will receive a confirmation email.

BOOKING A PARTY

For party booking or questions, please contact:

Inetha Fleming, Party Coordinator
 inetha@omega-gymnastics.com
 503.466.4872



GET READY TO PARTY!

WHAT TO BRING & WEAR

- Comfortable athletic clothing
- Girls must have hair pulled back and away from the face in a ponytail.
- Wearing jewelry is discouraged, and children will be asked to remove any necklaces, bracelets and dangling earrings.

OMEGA RULES

- All children must follow OMEGA gym rules AT ALL TIMES for the safety and courtesy of others in the gym.
- No pushing, shoving, or extreme rough housing at any times.
- No name calling or foul language allowed.
- Absolutely no leaving the building for any reason at anytime without an adult guardian or staff permission.
- All children will be asked to participate in clean up after any snacks or pizza time in the lobby and to help clean and organize the gym at the end of the activity.
- Misconduct consequences: 1st warning will result in a verbal warning and the child will be asked politely to follow the rules of the gym, 2nd warning the child will be asked to sit quietly near a staff member for 5 minutes, the 3rd warning will result in a phone call to the parent and dismissal from the activity.



"Inside every child lies a champion".

THE OMEGA PHILOSOPHY

Inside every child lies a champion. The physical fitness, dedication, work ethic, and personal achievement that gymnastics training teaches is beneficial for all children, their families, and the community. Simply put, at OMEGA we set children up for success and train champions for life.

THE OMEGA PROMISE

At OMEGA we promise to provide the following:

- The best gymnastics training in the Northwest designed to meet the needs of each individual gymnast.
- Keeping staff educated on the latest training curriculum and techniques, allowing each student to reach their fullest potential.
- Updating equipment regularly to industry standards for safety of all students.
- An atmosphere focused on family and community with prices that all families of aspiring gymnasts can afford.

OMEGA GYMNASTICS

Parkside Business Center
8160 SW Nimbus Ave. #5-E
Beaverton, OR 97008

Located near Washington Square mall
On the corner of Hall Blvd. & Nimbus Ave.

Phone: 503.466.4872

info@omega-gymnastics.com

www.omega-gymnastics.com

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OMEGA GYMNASTICS

Oregon Metropolitan Elite Gymnastics Academy



It's party time!



USA Gymnastics Member Club